

SENIOR NEWSLETTER FEBRUARY 2017
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137

awitherbee@eastonct.gov

MONDAY – FRIDAY Hours: 9 AM to 2 PM

OUTREACH PAM HEALY 203 261-0289

Dear Friends,

Will he or won't he? I'm talking about Punxsutawney Phil and I'm hoping that spring will come sooner than later! Please read below about fuel reminders and whether you qualify for assistance or not don't let your tank get too low and remember that your oil company cannot always come out the day you need oil give them at least 72 hours' notice! It is February the month of Valentine's Day, and I have many sweethearts to thank and they are Kay, Val and all of the staff and volunteers at the ESC who make coming to work such a pleasure, Pam Healy who has the kindest heart and the members of my Commission for the Aging (CFA) for their continuous guidance and support. XOXOXO,

Fuel Assistance & Fuel Tips

PLEASE, do not let your oil tank get too low!!! If you can't check the level ask a family member or neighbor to check it for you! When a tank runs very low sediment builds and then when you fill it with lines can get clogged resulting in the furnace shutting down!!!! Be mindful of when you get deliveries and mark on your calendar to check the tank 2-3 weeks after a delivery so that you can monitor the level. Also, try not to crank up the heat all the time, come to the Senior Center for the day so your furnace can have a rest it's plenty warm here!!! Fuel Assistance applications can continue to be submitted and please call my office **203-268-1137** with any questions you may have or, to make an appointment to fill out an application.

R.U.O.K

This is a wonderful program for those who are alone. You simply register your name and telephone number which is placed into a computer system at the Eaton Police Department (EPD) and you are called at a pre-arranged time each day. You are called again if you do not answer the first time. If, upon the third call you still do not respond, the police will come and check to see if UROK. You can register through the EPD or by calling my office 203-268-1137.

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.

The Commission for the Aging will meet on Monday, February 6th at 5 pm at the ESC

Happy Valentine's Day